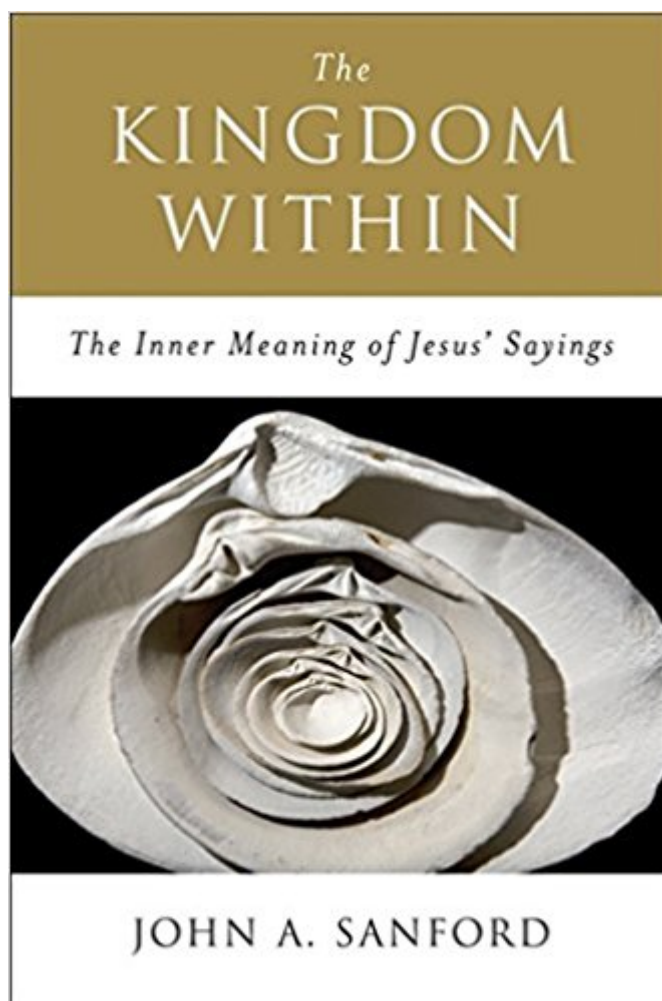


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# The Kingdom Within: The Inner Meaning Of Jesus' Sayings



## Synopsis

By showing how Jesus' teachings relate to our inner depths, this book guides us toward a more conscious and creative life. *The Kingdom Within* explores the significance of Jesus' teachings for our interior life -- that inner reality that Jesus called "the kingdom of God." It is Sanford's conviction that contemporary Christianity has overlooked this inner dimension of Jesus' teachings and so has lost touch with the human soul. Illustrated with case histories and dream material drawn from the author's work as a psychotherapist, *The Kingdom Within* examines such characteristics as extroversion and introversion, masculinity and femininity, thinking and feeling, and sensation and intuition to show how Jesus met the criteria of wholeness or fullness of personhood. Step by step, Sanford helps us to shed the outer mask, to eschew sin, which "means living in enslavement to what we don't know about ourselves," and to follow the road of consciousness, which leads to "a great treasure waiting only to be discovered."

## Book Information

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## Customer Reviews

Presents a Jungian understanding of Christ's teaching in this revised edition of a spiritual classic.

John A. Sanford, a Jungian analyst and Episcopal priest, is the author of *The Kingdom Within*, *Invisible Partners*, *Healing and Wholeness*, *Dreams and Healing*, *Evil: The Shadow of Reality*, *What Men Are Like*, and *The Strange Trial of Mr Hyde*. He lives in San Diego, California.

"The Kingdom Within" by John Sanford is a great introduction to a deeper, psychological understanding of the sayings of Jesus. In our time when Christianity is hamstrung by shallow, literalistic readings of the Bible, that lead to the deadend of fundamentalism, Sanford's Jungian reading provides a way out of the false dichotomy between faith and reason. On a personal level Sanford's approach introduces us to the sayings of Jesus as therapeutic and transformative, sayings that have the power to heal us from the inside out. This approach dovetails with the remarkable convergence of spirituality, psychology, and neuroscience that has manifested itself in the movement of psychology towards Mindfulness-based modalities and an expansion of the understanding of spiritual practice in our culture. I can not more highly recommend this book.

Loved this book. John Sanford passes on spiritual wisdom through the meaning of our dreams, which come in service to our health and wholeness. Especially relevant to those who are on the Christian Journey.

This is a superb book for anyone who loves the teachings of Jesus. You don't have to be Christian just open minded to discover the potential within you to know God and yourself on a deeper more intimate level. It is challenging and thought provoking. A wonderful interactive study for small groups. My Sunday school class is loving it! Get this book and get ready to be blessed! Also, The Healing Light by Agnes Sanford is a must read! Enjoy!

I love this book. I read it over and over. The examination of Christianity with Jungian psychology may sound odd, but it suits my experiences and faith perfectly.

a great beginning for someone seeking their search for their God within.john Sanford has written several books on the same topics and I would recommend any of his books in your search and spiritual path to inner wholeness connection to your holy persona

Book is different than cover shown, and is not the 2000's version. ISBN number is the same, however, so I guess the newest version is not a revised edition; just a reprint.

OK, but aimed in a little different direction than I was expecting.

The grayed pages made it terribly difficult to read this book. I would suggest that future printings be

on a white background. I was so exasperated by trying to read the text that it hindered my appreciation of the book.

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